Healthcare Team Communication

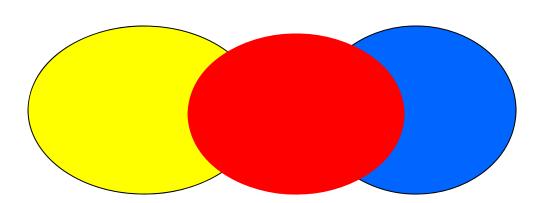
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Who is a primary care doctor?

- Family physician
- Pediatrician
- Internist
- Med/Peds



- Physician assistant within one of the above
- ?gynecologist?



Abbreviations that go along with doctors

- FP
- IM
- NP
- PA
- PCP
- PMD
- MD
- DO
- NP-PhD



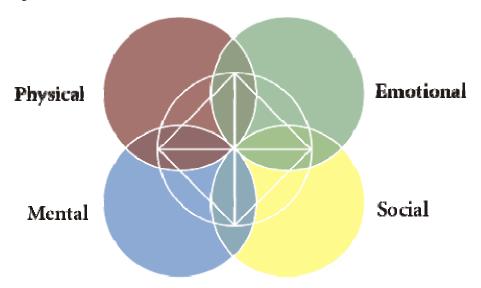
What does a primary care doctor do?

- Preventative care
- Coordinate health care efforts
- "Hey, you ought to go see a doctor about that."
- Advocate
- Paperwork



What does a primary care doctor do?

- Whole person
- Front line
- Promotion of healthy habits
- The rest of the family
- Translation



Why do I need a primary care doc in addition to my 6 zillion specialists?

- Whole person care
- Reduces duplication of efforts, tests, time
- Costs less money
- On-going relationship
- New stuff that pops up

How can I maximize my primary care?

- Records, records, records!!!
- Communicate between you, your other doctors, and me.
- Stay in one health care system as much as possible.
- One primary care doctor at a time.
- Tell us.





How does the primary care doctor use my survivorship plan?

- For review of past treatments, and accurate documentation
- To have fun with insurance companies
- To direct appropriate preventative care measures

RECIPES

To know what to avoid

The cancer is in the past. Don't I get treated like everybody else now?

- RW is a 44 year old male who came in for a routine physical.
- Normal preventative care for a 44 year old male:
 - Blood pressure check
 - Measure cholesterol
 - Check weight
 - Screen for tobacco, alcohol overuse, drug use
 - Tetanus shot if not in the past 10 years
 - Flu shot if he is around little kids or is a health care worker

The cancer is in the past. Don't I get treated like everybody else now?

- On history, I learn that RW had Hodgkin's lymphoma, had his spleen removed, and got radiation
- Preventative care for him:
 - Screen for depression
 - Screen for new lesions on the skin
 - Screen for jaw or dental abnormalities
 - Screen for lung disease with pulmonary function tests and CXR
 - Immunization against pneumonia
 - Immunization against meningococcus
 - Thyroid ultrasound to look for nodules
 - Ultrasound of neck arteries to look for blockages
 - EKG and echocardiogram
 - Baseline blood tests of the liver
 - Baseline blood tests of the kidneys
 - colonoscopy

Can't I get all this stuff from my doctors now?

- Everyone has their role on the team
- Not all things are available at all doctors' offices
- Primary care docs do this all day long
- Coordination of results

Anecdotal Noticings

- People who don't want a survivorship plan
- Range of familiarity with survivorship amongst primary care docs
 - help from you
 - Oeducate them
 - Change docs