## CAncer Rehabilitation Evaluation System (CARES): Patient Profile

Patient In	Patient Information				Please Circle Normative Sample Used:	ormative Sampl	e Used:		
Name: Date:			- 9.6.	Female Breast Cancer Norm Female Other than Breast Cance Female Combined Cancer Norm	Female Breast Cancer Norm Female Other than Breast Cancer Norm Female Combined Cancer Norm	#C	Male Prostate Cancer Norm Male Other than Prostate Ca Male Combined Cancer Non	Male Prostate Cancer Norm Male Other than Prostate Cancer Norm Male Combined Cancer Norm	er Norm
T-Score									% Rank
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2 .	CARES Global Score	CARES # Prob Endorsed	CARES Aver Sever	PHYSICAL Global Score	PSYCHOSOCIAL Global Score	MEDICAL INTERACTION Global Score	MARITAL Global Score	SEXUAL Global Score	n r
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PHYSICAL	PSYCHOSOCIAL	MISCELLANEOUS
	1	
Ambulation	Body Image	Compliance
1. diff bend or lift	38. embarrassed to show body	78. doesn't show for MD appoint
2. diff walk/move around	39. uncomfor show scars	79. doesn't show for treatments
3. diff do physical activ.	40. uncomfor with body changes	80. doesn't take medication
4. reduction in energy	Psychological Distress	81. doesn't follow MD's instruct
Activities of Daily Living	41. frequently anxious	SUM #(1-4) 4 # Potential
5. diff driving	42. frequently depressed	Economic Barriers
6. diff household chores	43. frequently angry	22. financial problems
7. diff bathe, brush groom	44. frequently upset	83. insurance problems
8. diff prepare meals	45. frequently overwhelmed by cancer	97. diff find new job**
Recreational Activities	46. diff sleep	98. employers no hire CA hist**
9. no interest recreat activ	Cognitive Problems	SUM#(1-4)_4, 2
10. not engage recreat activ	47. diff concentrating	# Potential Circle
11. not enough enjoyable activ	48. diff remembering	*Dating
12. diff planning activ	49. diff thinking clearly	
• •		121. diff initiating dates 122. diff meet dates
Weight Loss	Difficulty Communicat with Friends/Relatives	123. afraid go places meet dates
13. cannot gain weight	50. diff tell fmd/rel to come less often	124. diff tell date about cancer
14. continue to lose weight	51. diff tell fmd/rel to leave when not well	125. afraid to initiate sex relation
15. food unappealing	52. diff ask frnd/rel to do fun things	SUM #(1-4) 5, 0
16. food tastês bad 17. diff swallowing	53. don't know what to say to fmd/rel 54. diff ask fmd/rel help	# Potential Circle
Ĭ	55. diff tell fmd/rel about cancer	
Difficulty Working	56. diff ask fmd/rel to come more	*Chemotherapy-Related Problems
18. cancer prevents work	<u> </u>	126. nervous get chemo
19. cancer interferes work	Friends/Relatives Difficulty Interacting	127. nauseated during/before chemo 128. vomit during/before chemo
Dele	57. fmd/rel say look well when not	129. sick when think about chemo
Pain	58. fmd/rel withhold information	130. nauseated after chemo
20. frequently has pain	59. fmd/rel avoid talk cancer	131. vomit after chemo
21. chronic pain scars/surgery	60. fmd/rel do not visit enough 61. fmd/rel do not call enough	132, tired after chemo
22. pain not controlled medication	62. fmd/rel uncomfor visiting	133. other side effects chemo
23. pain controlled medication	63. fmd/rel diff talk about cancer	134. lost hair/grow slow from chemo
Clothing	l	SUM#(1-4) 9, 0
24. clothes not look good	Anxiety in Medical Situations	# Potential Circle
25. clothes not fit	64. uncomfor see patients get treat	*Radiation-Related Problems
26. diff find clothes	65. nervous going to hospital 66. nervous wait to see doctor	135. fatigued after rad
SUM #(1-4) 26 # Potential	66. nervous wait to see doctor 67. nervous wait for test results	136, nervous get rad
	68. nervous have diagnostic tests	137. nauseous/vomit after rad
MEDICAL INTERACTION	69. nervous get blood drawn	SUM #(1-4) 3, 0
Problems Obtaining Info from Medical Team	Morne	# Potential Circle
27. medical team withholds info	Worry	*Ostomy
28. doctors don't explain what do	70. worry whether treatments work	138. problems ostomy care/maint.
29. nurses don't explain what do	71. worry whether cancer progress 72. worry not able to care for self	SUM#(1-4) 1, 0
Difficulty Communicating with Madical Toom	73. worry how family will manage	# Potential Circle
Difficulty Communicating with Medical Team	· · · · · · · · · · · · · · · · · · ·	
30. diff ask doctors questions	*Interaction with Children	*Prosthesis
31. diff ask nurses questions 32. diff express feelings MD/RN	89. diff care for child/grandchild	139. diff with prosthesis
33. diff tell doctor new symptoms	90. diff help children cope	SUM #(1-4) 1, 0
34. diff understand MD about cancer	91. diff help children talk about illness	# Potential Circle
35. diff understand RN about cancer	*At Work Concerns	Miscellaneous Items
Control of Medical Team	92. diff talk boss about cancer	84. diff with transport
	93. diff talk people at work	85. gain too much weight
36. wants more control over MD 37. wants more control over RN	93. diff talk people at work 94. diff tell employer cannot do work	85. gain too much weight 86. diagnostic proced painful
	95. diff ask time off for treatments	87. frequent diarrhea
SUM #(1-4) 11 # Potential	96. worried about being fired	88. poor bladder control
YASA DITAL	SUM #(1-4) 44, 41, 39, 36	SUM #(1-4) 5 # Potential
*MARITAL	# Potential Circle	
Communication with Partner	SEXUAL	SUM ALL 8 MISCELLANEOUS
103. diff talk feelings		SUMS ABOVE
104. diff talk fears	Sex Interest	SUM #(1-4) # Potential
105. diff talk happen after death 106. diff talk future	74. doesn't feel sex. attract	
107, diff talk cancer	75. thinks not sexually attractive to partner(s)	Global and Average Severity for
108. diff talk wills/financial matters	76. not interested in having sex 77. doesn't think partner(s) interested in sex	CARES and 5 Subscales
	<u> </u>	
Affection with Partner	*Sexual Dysfunction	Scale SUM # # AVE GLOBAL
109. doesn't feel like embrace,etc	99. frequency of sex decreased	Endor Poten Sever
110. partner no feel like embrace, etc. 111. no interest in touch partner	100. diff become sexually aroused	Dhysical
112. partner no interest in touch	101. diff with erection (males)	Physical
	101. diff lubrication (females) 102. diff reach orgasm	
Interaction with Partner	SUM #(1-4) 8, 4	Psychoso
113, not get along as well usual	# Potential Circle	
114. upset with other more often	" I dominat Citoto	Med Int
115. so much time together, on nerves 116. more distant than usual		
		Marital
Overprotection by Partner		
117. partner not let do activ capable of		Sexual
118. partner provides too much care		
	]	Micaell
Neglect of Care by Partner	1	Miscell
119. partner takes too little care		OAREC
120. diff ask partner to take care		CARES
SUM #(1-4) 18,0 # Potential Circle	* Items may not apply to all patients	
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