Caring Through Access and Education:
A Series of Workshops on Cancer Related Issues

The Avon Cares for Life Program at Olive View-UCLA Medical Center is offering 3 free workshops for **Patients diagnosed with any type of Cancer and Their Loved Ones**. These Workshops are Made Possible Through a Generous Donation from Susan G. Komen for the Cure.

January 6, 2012 - Cancer, Nutrition, and Your Body

February 3, 2012 - My Cancer is Not Curable, What Do I Do Now?

February 17, 2012 - I Was Told I Have Cancer, What Happens Now?

Come to Learn, Get Your Questions Answered,

Receive Support, and Become an

Active Participant in Your Health Care

A LIGHT LUNCH AND REFRESHMENTS WILL BE SERVED

ATTEND ALL 3 WORKSHOPS AND RECEIVE A CERTIFICATE OF COMPLETION!

Open to Patients With Cancer of Any Type, Their Family, and Friends

AVON CARES FOR LIFE at

Olive View - UCLA Medical Center

~ A Program of the UCLA Jonsson Comprehensive Cancer Center

Susan G. Komen for the Cure

Olive View-UCLA Medical Center

Project Angel Food

All Workshops Will Take Place at Olive View– UCLA Medical Center

14445 Olive View Dr., Sylmar CA 91342

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Workshop Descriptions

Cancer, Nutrition, and Your Body

January 6, 2012 at 1:30 PM *Location :* Auditorium

This workshop will be facilitated by Andriy Kuznetsov, Physical Therapist and Kim Jones, Registered Dietician from Olive View-UCLA Medical Center. They will address healthy nutrition during cancer treatment , myths and facts about diet and food, post surgical interventions, when you should seek assistance from a physical therapist, lymphedema exercises, and managing diabetes.

My Cancer is Not Curable, What Do I Do Now?

February 3, 2012 at 1:30 PM Location: Auditorium

Chaplain Claudia Zenmyer and Paula Broussard from Olive-View-UCLA Medical Center and Yvette Cardenas, Clinical Social Worker for the Avon Cares for Life program will address common concerns that arise from caregivers and patients when cancer is not curable. They will discuss Advance Directives, funeral planning, legacy creations (activities to help celebrate the life of the patient), how patient and partner can enhance their intimacy, connecting with your spirituality and spiritual concerns that commonly arise during this time.

I Was Told I Have Cancer, What Happens Now?

February 17, 2012 at 1:30 PM Location: Auditorium

This workshop will be facilitated by Laura Zibecchi, Nurse Practitioner and Yvette Cardenas, Clinical Social Worker, both from the Avon Cares for Life Program. They will address common concerns often not discussed, such as, intimacy and sexuality during and after cancer treatment, myths and facts about breast cancer, how to support your loved one undergoing cancer treatment, how to reduce stress and anxiety, how to talk to your children about your cancer and how cancer treatment can impact your relationships.

For More Information Please Contact:

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